

# MORTON AREA NEWSLETTER FEBRUARY, 2018

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## Important Information Regarding Property Assessments

**This may affect your 2019 property taxes.**

**The Board of Appeal and Equalization for the City of Morton will meet on Wednesday April 11, 2018 at 7:30pm, at the Morton City Office Building. The purpose of this meeting is to determine whether property in the jurisdiction has been properly valued and classified by the assessor.**

**If you believe the value or classification of your property is incorrect, please contact your assessor's office to discuss your concerns. If you disagree with the valuation or classification after discussing it with your assessor, you may appear before the local Board of Appeal and Equalization. The board will review your assessments and may make corrections as needed. Generally, you must appeal to the local board before appealing to the county Board of Appeal and Equalization.**



The Morton Fire Department Relief Association is happy to announce that they will be hosting the first annual Morton Community Easter egg hunt. The event will take place the Saturday prior to Easter.

The fire department is requesting donations from local community businesses, organizations, and residents to assist in covering the cost of materials and prizes. The Morton Fire Department Relief Association will match up to \$250 of donations.

Your donations will help make this event extra special for the children within our community! Donations may be given to any Fire Department member or dropped off at city hall.

Thank you for your support!



## Attention Veterans!

Lee Stock of  
Renville County Veterans' Services is at  
Morton City Hall  
on the  
2nd Tuesday of each month  
(or other dates if necessary)  
to assist you with any of your veteran  
service needs.

Please contact Lee to schedule an  
appointment

### Notice

Renville County WIC no longer has an outreach site in Morton. Those who picked up in Morton can pick up their benefits either in the Olivia office every Wednesday from 1:30-3 pm or at the new Fairfax site on the 1<sup>st</sup> Wednesday of January, April, July, and October from 9:30-11:30. The Should you have any questions or concerns, please call WIC staff at 320-523-3762.

Olivia Site: Renville County Public Health Office, 105 S. 5<sup>th</sup> St, Suite 119H (Government Services Center, lower level), Olivia, MN

Fairfax Site: Fairfax City Hall, 18 1<sup>st</sup> St SE, Fairfax, MN

Thank you so much to the Morton community for your help in supporting improved nutrition for Women, Infants, and Children!

Renville County WIC Staff

ALCOHOLICS  
ANONYMOUS  
MEETS AT  
MORTON CITY HALL  
EACH MONDAY  
EVENING,  
BEGINNING AT  
7:00 P.M.

### **CENTRAL COMMUNITY TRANSIT**

The Central Community Transit serves all of Renville County Monday . Friday and all your Transportation needs.

For more information call:  
Central Community Transit at:

**320-523-3589**  
or  
**1-800-450-7964**



### *Ruby's Pantry Food Distribution*

The 3rd Tuesday of the month  
at the National Guard Armory in Red-  
wood Falls

Registration begins at 4:00

Distribution runs from 4:30-6:00  
a \$20 cash donation gets you a share  
bring 2 laundry baskets for your food  
contact [rubysredwoodfalls@gmail.com](mailto:rubysredwoodfalls@gmail.com)  
for information especially those who  
want to volunteer.

### RENVILLE COUNTY FOOD SHELF

Any resident of Renville County may  
visit the

Renville County Food Shelf located on  
Main Street in downtown Olivia.\*

#### Hours of Operation

Monday 1:00 – 3:00 p.m.

Tuesday CLOSED

Wednesday 10:00 a.m. – 3 p.m.

Thursday 5:00 – 7 p.m.

Friday 1:00 – 3:00 p.m.

Located at 108 S. 9<sup>th</sup> Street, Olivia, MN  
56277

Telephone: 320-523-5339

e-mail: [rcfoodshelf@gmail.com](mailto:rcfoodshelf@gmail.com)

\* Bring a current utility bill or other document that has your name and street address.

The Second Harvest Heartland guideline is 25 lbs . of food per person once a month or twelve times a year.

If you are doing home projects  
and improvements, please check  
with city hall to be sure you are  
complying with local  
requirements.

The official newspaper for the City of Morton is the Renville County Register. All notices and publications as required by law are printed in that paper and as an additional means of providing public information, such notices will be printed in this newsletter when possible. All other publications and postings are done as a courtesy and means of informing residents of activities.

### Church Service Schedule

#### Zion Lutheran

9:00 a.m. Sundays

Bible Study & Sunday school following services

#### St. John's Catholic

Mass at 8:00 a.m. Sundays

CHURCH SERVICES ARE AIRED ON  
MEDIACOM CUSTOMERS'  
CHANNEL 8

Tuesdays & Fridays at 10:00 and 1:00

#### Newsletter/Local Access

##### Information

If you have items you wish to have in the newsletter or posted on the access channel, please drop them off at city hall and we will be happy to include them (at no charge!)

### Council Meetings

Next

## Regular City Council Meeting:

March 14, 2018

starting at 6:30 p.m.

Meetings are aired live on Media-com's local access channel and again the day following the meeting at noon.

Meetings are live on facebook as well

If you are experiencing issues with the broadcast, please contact city hall following the meeting, so improvements and changes can be made.

### CIVIL DEFENSE

### SIREN TESTING

Civil Defense sirens are tested each month on the first Wednesday at 1:00 p.m.

### BONE BUILDERS

Our group meets on Wednesday & Friday at 8:45 a.m. at the Senior Center.

Everyone has a great time, sharing news, joking & laughing. Join us!

## CANCELLED STAMP COLLECTION PROGRAM

If you have stamps and you don't know what to do with them. But you would rather not throw them away here is a nice option for you. You can collect them and drop them off at City Hall to be donated to a Veterans Organization. The Veterans' National Stamp and Coin Club is a wonderful organization. They collect U.S. and foreign stamps and coins, postcards, sports cards and much more. This group then passes the items on to other Veterans Affairs support centers across the nation. The stamps and coins, etc., are supplied for therapeutic use helping veterans.



### Pop Tab Program

**What is the Pop Tab Program?** Our Pop Tab Program is a great way for families, schools, organizations, businesses and individuals to support the Ronald McDonald House of Rochester, Minnesota's mission. When pop tabs are donated, volunteers bring them to a local recycling facility and exchange the aluminum for cash. All proceeds directly support the Ronald McDonald House of Rochester, Minnesota.

**What exactly is a pop tab?** A pop tab is the flip top on aluminum cans. You can collect them from soda cans, sparkling water cans and various other beverage cans. We also take tabs from soup, fruit, vegetable and pet food cans that have tabs.

**Where do I drop my pop tabs off?** Drop your collected tabs off at Morton City Hall. From here they will be forwarded to Rochester, Minnesota

## UPCOMING

### CURBSIDE RECYCLING

#### DATES:

Have your container at the location of your garbage pick up by

6:00 a.m.

(one day late due to the holiday

March 6 & 20

### Mobile Recycling Unit

The mobile recycling unit has moved FROM the lot across from the old school TO the back of the parking lot next to River Valley Arms & Ammo

*As a reminder, residents that have the curbside service available to them are encouraged to use it.*

## Need to earn extra money?

*Mature workers wanted!*



Earn while you learn and put your experience to work.

*Paid training with a goal of employment*

If you're 55 or older, unemployed and want to get back into the work force, Experience Works might have the training & employment opportunities that are just right for you.

Contact Experience Works at: 1-855-270-9660

  
www.experienceworks.org

### Change in Garbage Service Provider

As of January 1, the new garbage service provider is R& E Sanitation. During the last week of December each household was provided a BLACK garbage container.

On the first week of January, Waste Management came to town to collect the all green garbage containers.

If the BLACK container you received is too big, please contact city hall and arrangements will be made to get a smaller container delivered to your residence and the one you currently have will be picked up.

If you are in need of an additional container, please call city hall.

If Waste Management missed collecting your green container, please call city hall and arrangements will be made to pick it up.

Garbage collection will continue to take place on Tuesdays.

The green container with the yellow lid is for recycling. That service and schedule will remain the same.

*Thank you for your cooperation during this transition!*

## **GARBAGE DAY IS EACH TUESDAY MORNING**

PLEASE HAVE CONTAINERS AT THE CURB NO LATER THAN  
7:00 A.M.

*PLEASE ALLOW FOR  
ADEQUATE ROOM FOR THE ARM OF THE TRUCK TO  
ATTACH TO YOUR CONTAINER. ALL GARBAGE MUST IN THE  
CONTAINER AND THE CONTAINER MUST BE  
ACCESSIBLE.*

Check Out KOERNERS KORNER!

Dine in or take out!

Daily Specials Including Soups and Stews

## KOERNERS KORNER

# 697-6244

# AGRICULTURE SERIES

At the Redwood Falls Public Library  
12:00 Noon

Friday, February 23, 2018  
Kristen Pless & Dan Schutte- Monarchs &  
Natural Landscaping

Wednesday, February 28, 2019  
Katherine & Nick Brozek- Strawberry Farming

Wednesday, March 14, 2018  
Ryan & Tiffani Batalden- Organic Farm Foods

Thursday, March 29, 2019  
Sara & Mark Hewitt- Bees &  
Their Farming Story

Join us for an interesting, educational series on farming.  
Find out what farmers do and why they do it!

## JULY 4TH COMMITTEE UPDATE

The fourth of July team, so far, consists of Ida Gatfield, Pam Hopkins, Lyndsay Serbus, and Jennifer Madsen. We have met to brainstorm ideas, wants, and needs for the fourth. We will focus on a family centered day, will try to provide activities for a wide range of youth, and will be asking for help with the various activities. If there is a family in the community that would like to volunteer, as a family, to facilitate one of the activities we will be providing, we would love to hear from them. Currently, we are long on ideas, short on workers.



Anyone wishing to help out with activities we have planned can contact city hall at 507-697-6912 or email: [mortoncityhall@mchsi.com](mailto:mortoncityhall@mchsi.com)



The Minnesota Pollution Control Agency is pleased to announce the 2017 Wastewater Treatment Facility Operational Award recipients. PCA reviewed all eligible wastewater permittees for compliance over the period from October 1, 2016, through September 30, 2017. Morton Wastewater Treatment Facility is one of the recipients, under the operation of Jason Nelson.

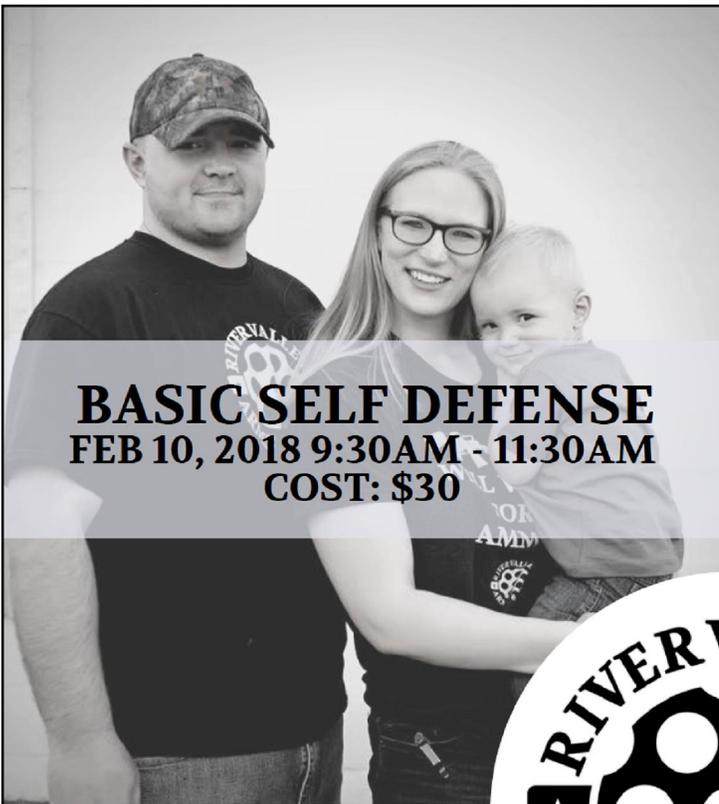
This award recognizes permittees for ensuring:

The facility was overseen by a properly certified operator or skilled professional.

The facility did not exceed the effluent limits contained in the permit.

The required monthly and annual reports were timely and complete.

The facility did not experience any unauthorized releases, enforcement actions or inspections identifying significant compliance concerns. Recipients are presented with a Certificate of Commendation at the Annual Wastewater Operations Conference.



**BASIC SELF DEFENSE**  
FEB 10, 2018 9:30AM - 11:30AM  
COST: \$30



**PRACTICAL TRAUMA**  
FEB 24, 2018 9AM - 3:30PM  
COST: \$80



**PERMIT TO CARRY**  
FEB 25, 2018 10AM - 5PM  
COST: \$100 or \$75 for renewal



**PERMIT TO CARRY**  
MAR 17, 2018 10AM - 5PM  
COST: \$100 or \$75 for renewal

**To Register Text or Call Heather at 701-388-8659.**  
River Valley Arms & Ammo | Morton, MN | [rivervalleyarms.com](http://rivervalleyarms.com)



(A monthly communication brought to you by Renville County Public Health)

**Are you a weekend warrior?** A weekend warrior is someone who exercises or plays a sport only once or twice a week, typically on weekends, usually because of a busy schedule. Nobody knows how many of us fall into this category, and there has been little research on the health effects of this activity pattern.

A key study on weekend warriors back in 2004 found that men who exercised only once or twice a week (burning at least 1,000 calories) had a lower mortality rate than sedentary men. But men who exercised more than twice a week fared even better. Of course, more frequent exercise may be more beneficial, in part, because it may simply add up to more hours of exercise per week.

A new British study in *JAMA Internal Medicine* produced similar findings. Weekend warriors were defined as those reporting at least 150 minutes of moderate-intensity activity or 75 minutes of vigorous activity. These are the weekly amounts advised by the government during just one or two sessions per week. %Regularly active+people did at least that much weekly exercise during three or more sessions. %Insufficiently active+people reported less ex--ercise than that. The researchers controlled for age, sex, smoking, and chronic illness.

Compared to inactivity, all exercise patterns were associated with reduced mortality rates. Weekend warriors and %Insufficiently active+people had a 30 percent lower death rate, while %Regularly active+people had a 35 percent lower rate, not much of a difference.

**Bottom line:** This study offers good news, since it suggests that exercise is beneficial no matter how you schedule it. One problem with occasional workouts, however, is that the risk of injury tends to be greater, especially if people cram in intense activities. Since exercise also has short-term benefits, such as enhancing mood and countering the negative physiological effects of being sedentary, it is still best to make time for some exercise - even 15 or 20 minutes - on most days, not just weekends.

# *Thank you!*

On January 11th at approximately 9:30 p.m. I was going from my truck to the house, when I lost balance and fell outside of my home. I tried various ways of getting up and crawling and nothing was working. On a typical night, cars come and go on the street in front of my house but this was not the case on this cold January night. As I had run out of ideas and was losing hope, Deputy Luke Jacques of the Renville County Sheriff's Office came by and found me! Deputy Jacques contacted first responders and an ambulance and I was on my way to getting the help I needed.

I want to thank Deputy Jacques for being observant while on patrol in Morton, the Morton First Responders and North Ambulance for their service. People do not appreciate these services until they are in a position where they need it.



Thanks again to all of you,

**Bob Schlicht**

THIS WINTER, BRING ONLY WHAT YOU NEED TO BE HEALTHY.  
LEARN HOW TO QUIT SMOKING AND LEAVE THE PACK FOR  
GOOD:  
[SMOKEFREE.GOV](http://SMOKEFREE.GOV)



Annie Tepfer ~ DFC Coalition Coordinator

RAPAD ~ Renville Alliance for the Prevention of Alcohol and Drugs

Olivia, MN 56277 ~ Office # 320-523-3845~ Cell # 320-212-0484

[anniet@renvillecountymn.com](mailto:anniet@renvillecountymn.com)

[www.rapad.org](http://www.rapad.org)



The Morton Area Chamber presented VantagePoint Marketing with a First Dollar of Profit certificate on January 31. VantagePoint Marketing is located at 221 W 2nd St in Morton. They provide business marketing services from basic information and planning to implementation. Please check out [VantagePoint-MarketingConsultants.com](http://VantagePoint-MarketingConsultants.com) for their website. Pictured are Chamber board members Sarah Madsen and Sec/Treas Bonnie Green, VantagePoint Consultants LaVonne Quackenbush and Claire Meyers, Chamber Pres



"The Oldest Story in North America"

220 West Second Street – P.O. Box 127 – Morton, MN 56270-0127 Phone: (507) 697-6912 Fax: (507) 697-6118  
E-Mail: mortoncityhall@mchsi.com

*This institution is an equal opportunity provider, and employer*

*TDD/TTY: 651-602-7830*

AMENDMENTS TO THE MEETING OF JANUARY 10, 2018: NONE

The following are the NOTES from the most recent council meeting (February 21, 2018)

These NOTES have not been approved by the council as of this publication.

Any changes will be noted in the next newsletter.

FEBRUARY 21, 2018

Regular meeting called to order in open session (one week later than scheduled) with all members present. Others present: Ken Kuehl, Aaron Scheffler, Dan Haase, Mike Felske, Ryan Bromland, Paul Neudecker, Linda Kahmeyer, Loran Kaardal, Tim Nesburg, Tyler Serbus, Greg Deinken, Tony Mages, Tom Walker, Matt Robinson and Aaron Walton.

Meeting opened with the Pledge of Allegiance.

ADDITIONS TO THE AGENDA:

8E) Sale of Land to Cold Springs Granite Company

8F) Kelly Robinson building permit application

8G) School Demolition Update

CITIZEN ISSUES: None

PRESENTERS:

A) RIDE TO REMEMBER: Mike Felske and Ryan Bromland present. The Ride to Remember (former KMS Ride) is scheduled for Saturday, August 11. The group that has taken over the ride is a Non Profit Combat Group and all funds generated from their efforts go to support Veterans and their families. The KMS Ride had between 300 and 500 riders. Mike presented an agenda of the activities being planned. They are proposing to start and finish the ride in Morton and are requesting council support for the activity. Motion by Prescott to support the plans for the Ride to Remember as presented. Second by Walker. Motion carried.

B) MVHLC-Loran Kaardahl present. Loran reviewed the discussions that have taken place with the Learning Center Board regarding the lease agreement with the city and the bank, ownership of the building and its possible transition and the status of the school building:

Lease: The MVHLC board approved reducing the monthly lease payment from \$650 per month to \$450 per month, effective 4/1/18.

The Lease with the city is an annual renewal; going from April 1-April 1.

The lease with the bank was recently renewed for five more years.

Long Term Plan for the building: The MVHLC board would be receptive to transitioning ownership from MVHLC to City of Morton once the TIF agreement term is completed (June 2019). Cost of that transition would be \$40,000. At the time the transition can take place, there will be existing loans on the building of approximately \$13,000 which MVHLC would pay off from the proceeds of the sale.

School Building: There is a joint effort being made for demolition of the building. Further updates as they become available.

With the lease expiring on April 1, council needs to renew the lease. Prescott asked that the decision to renew be tabled until the next meeting since a decision is not needed until April 1<sup>st</sup> and there may be other options for putting city offices in the fire hall building and eliminating the expense of leasing. The funds saved could be allocated to other expenses. Motion by Prescott to table the MVHLC lease until the March meeting. Second by Walker. Motion carried.

C) CITY ATTORNEY-FIRE HALL. Aaron Walton present. Aaron reviewed the information contained in the emails sent on January 18 and January 30 regarding the competitive bidding and financing requirements that cities must comply with when doing projects. He explained the statutes and definitions that apply to this project. Aaron also reviewed the content of a case dating back to 1957 which still applies. Also presented was a memo from the League of Cities regarding the different types of projects and the steps that need to be followed. In summary, because the total lease payments over the term exceed \$100,000 the project must be bid.

To bid, specifications need to be prepared and advertising and bidding completed. The specifications and advertising needs to be done to allow all potential bidders the same opportunity to bid the same project. If other cities have completed projects without following this criteria, does not make it right. The importance of doing the project by following the requirements was stressed; particularly in a case where the community is not in complete support of the project.

Review of the communities that have done lease to own projects and discussion on how the projects were completed. Prescott inquired that if these other cities did the projects somehow, were they penalized for not following the procedure or was there a loophole in the system that they worked through. He also suggested obtaining another opinion.

Walker stated that the residents spoke through the referendum which failed. Why are we not adhering to that information. There was a petition presented – twice. People do not want this project. Opposition stated that the reason the referendum failed is because of the way the question was presented on the ballot. The reason there were the number of signatures on the petitions was because of false or misleading information that was presented to people being asked to sign the petition.

It was suggested to do a survey or possibly host a town meeting to get information out. However, the key information that needs to be presented is the cost and the effect the cost would have on the budget and local taxes.

Walker suggested that a stand alone building be considered as an option. It would be more affordable and work resolve the safety issues that were identified and continue to be an issue. Opposition stated that this option is inconvenient and has been discussed in the past. Jacobson stated that the existing building no longer fits their needs and the council needs to do something. It was also pointed out again that in the event of a serious injury, the cost of this building will seem minimal compared to costs incurred with an injury.

Council suggested that the project and any progress that has been made be scratched and we start over following the requirements and doing things right if we are going to continue to pursue this project. Discussion on the \$60,000 that has then been wasted with no end result.

Motion by Prescott to authorize the city attorney to obtain input from other cities that have done similar projects to determine what the process they used was. Second by Jacobson. Walker and Henning opposed. Discussion. Walker and Henning are opposed to pursuing anything that may not be legal and on the up and up. Clarification and discussion on the motion which does not say anything about doing something that is not legal. Mayor Farmer votes in favor of the motion to explore what other communities did to complete their projects. Motion carried. Aaron will report back prior to the next meeting. Prescott indicated he would also be making some calls.

SECRETARY'S REPORT: Motion by Prescott and second by Walker to approve the Secretary's Report as presented. Motion carried.

TREASURER'S REPORT: Motion by Jacobson and second by Henning to approve the Treasurer's Reports as presented. Motion carried.

BUSINESS/RESIDENTIAL DEVELOPMENT:

A. Green Step Program: Resolution presented for becoming a Green Step Community. By passing the resolution, additional sources of grant funds are opened up. One project could be installation of car charging stations for electric cars. Prescott indicated there are six of them at Jackpot that have never been used. Nonetheless, there are other programs that the city could benefit from being a part of the Green Step projects. Motion by Jacobson and second by Henning to pass resolution 02-2018 becoming a Green Step Community. Motion carried.

B. River Basin Project Update: This is the project with Renville County Soil & Water installing a holding pond north of town to help hold back water coming through town during heavy rain falls and spring thaws. The project is still planning to move forward.

C. Mobile Salon: Some time ago the council requested that information be provided to regulate mobile retail establishments. The League of Cities now has a sample ordinance which the council had available for review. Our current ordinances do not address such type businesses. Motion by Henning to schedule a public hearing for the March meeting to review and consider adoption of an ordinance relating to regulations for mobile retail establishments. Second by Jacobson. Motion carried.

D. Bolten & Menk Survey: The survey is completed. Maps are available for review at city hall. The next step will be to survey the residents affected by water (east part of town). Motion by Prescott and second by Henning to authorize proceeding with the surveys as recommended by the engineer. Motion carried.

E. Cold Springs Granite Co. Property Purchase: Motion by Walker and second by Prescott to accept the \$300 offer from Cold Springs Granite Company for the purchase of city owned property known as urban power lot 100'x100' in nw corner of Lot 1 and Lot A. Motion carried.

F. Permit Application-Kelly Robinson: Motion by Jacobson and second by Prescott to approve the permit application from Kelly Robinson for installation of handicap accessible entrance to her home. Motion carried.

G. School Demolition Update: Request has been made for consideration of state bonding funds to complete the demolition of the school. The request is known as Senate File #2486 and we are awaiting hearing date. Further updates as they become available. In the event funds are not received, another request will be made at a later date. If funds are not secured the property ownership goes back to MVHLC.

SUPPORT TO KIDS/COMMUNITY PRIDE:

A. July 4 Committee Update: Another meeting was held Tuesday night. Progress is underway

B. Center for Small Towns Program: Mailing lists are being updated and technology options will be made more user friendly. This project is being done through a grant with the U of M Morris Center for Small Towns and the Morton Area Community Foundation.

C. Easter Egg Hunt: The Fire department will be hosting the Easter Egg Hunt and will match all donations received up to \$250. Motion by Jacobson and second by Henning to utilize DAFY Funds to join in with matching all donations received up to \$250 for the Easter Egg Hunt. Motion carried.

PROVIDING MUNICIPAL SERVICES:

A. Wastewater License Renewal: Jason's wastewater license is due to be renewed and he is in need of hours. Registration cost is \$230 and lodging for 3 nights is 503.44. This will get him the hours needed for renewal. Upon renewal we will begin attendance at local area workshops to obtain necessary hours over a period of time and less cost. Motion by Walker and second by Henning to approve the training as identified above. Motion carried.

Streets: Prescott contacted Jason regarding department needs. There will be some street repairs needed in the Spring and lawn mower rotation should be looked at. The lawn mower rotation is due to be discussed as usual at the March meeting. Street repairs will be discussed when Spring has arrived and damage can be assessed.

PUBLIC SAFETY:

Police Activity Report: Available for council review. No issues presented.

Fire: Grant Services Agreement: RADC completed the FEMA application. The services agreement was presented to the council – no issues.

Grant Application: Application submitted to FEMA for turnout gear and SCBA tanks. Award announcement date unknown at this time.

Technical Rescue Team Meeting Update: This is the next step in the Shared Services Grant. Next meeting is scheduled for Thursday at 6:00 p.m.

Relief Association Donation: Motion by Jacobson and second by Henning to accept the \$8,000 donation to the Fire Truck and Building fund from the Relief Association Gambling Account. Motion carried.

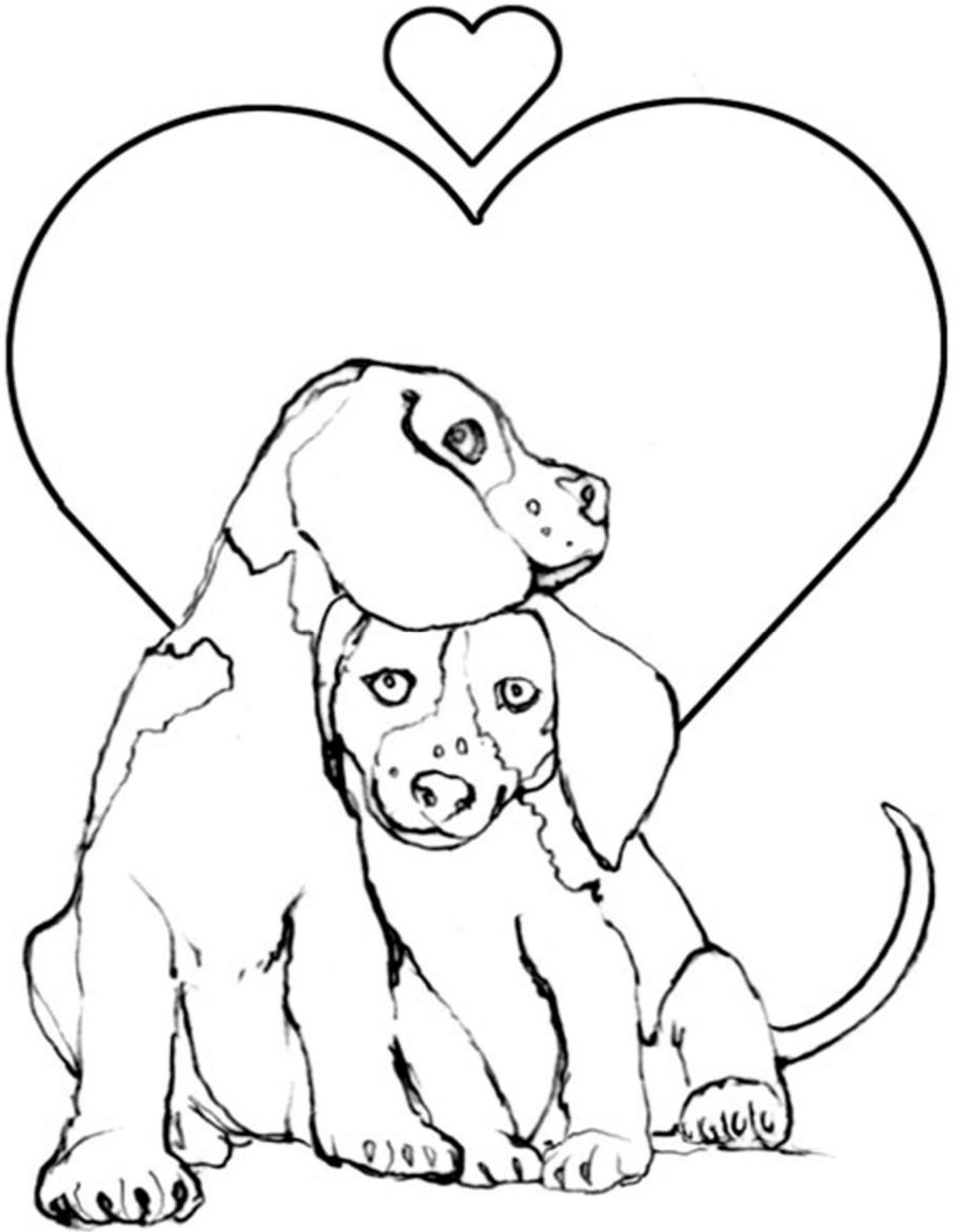
MANAGEMENT:

Board of Equalization Meeting: 7:30 p.m. during the regular April meeting. Importance of those certified (Walker, Jacobson, Farmer) to be present so we can continue to hold this meeting here rather than having it moved to Olivia.

League of Cities City of Excellence Award: Nominations are now being accepted.

Pay Bills: Motion by Prescott and second by Walker to pay bills as presented. Motion carried.

Adjourn: There being no further business, meeting adjourned at 8:04 p.m.



## Peanut Butter Banana Dog Treats

### Yields 24

An easy to make treat for you dog that uses ingredients you probably already have in your home!

### Cook Time: 15 min

### Ingredients

1 1/2 cups uncooked Oatmeal

1 large Banana

1/2 cup Peanut Butter (with NO xylitol)

Get Ingredients

### Instructions

Preheat your oven to 350 degrees.

Using a food processor or blender, grind your oats until they're powder.

In a bowl, beat together the banana and peanut butter until smooth. A few small chunks of banana here and there is ok. The dough should stick together but shouldn't be sticky.

Reserve about a tablespoon of ground oatmeal and pour the rest into the banana peanut butter mixture and mix until combined.

Dust your surface with the reserved ground oatmeal and roll your dough to about a 1/4-inch thickness.

Cut into desired shapes and place on a parchment paper lined cookie sheet.

Bake treats for approximately 15 minutes, or until the edges start to brown.

Cool completely before storing in an airtight container for up to a week.

### Notes

Add additional peanut butter if the dough is too dry or additional oats if too sticky.

Be sure to use a peanut butter that does not contain xylitol, as it is harmful to dogs. Always double check with your vet before feeding your pet new foods.

## ATTENTION PET OWNERS!

2018 Pet Tags are now DUE

To obtain tags, a certificate of vaccination and payment of a fee is required.

Fee: \$5.00 per pet, \$2.00 per pet if they are neutered or spayed.

Available at city hall during normal business hours or leave the information and fee in the drop box and tags will be mailed.



For Immediate Release

Contact: Michael Sandager, Renville County Soil and Water Conservation District, 320-523-1550, [Michael.sandager@mn.macdnet.net](mailto:Michael.sandager@mn.macdnet.net)

## Renville County Local Work Group Meeting

Olivia, MN – The Renville County Local Work Group Meeting will be held from 10:00 am to 12:00 pm on March 8th, 2018 at the Renville County USDA Service Center, 1008 W Lincoln Ave Olivia, MN 56277.

The Local Work Group provides a forum for partners, farmers, agro business, conservation groups and local community members to share conservation activities and discuss natural resource problems and concerns that should be prioritized. The group assists in guiding the Natural Resource Conservation Service (NRCS) in targeting farm bill funds for technical and financial assistance in Renville County in the future. For more information contact the Renville County Soil and Water Conservation District:

Renville County Soil and Water Conservation District:

1008 West Lincoln|Olivia, MN 56277 tel: (320) 523-1550, website: [www.renvilleswcd.com](http://www.renvilleswcd.com)

*The Renville County Soil & Water Conservation District "exists to insure proper management of the county's soil and water resources. The soil and water conservation district is committed to providing assistance to any individual, group or agency that requests help in managing their natural resources."*



# Boy Scout Troop #42

## ALL YOU CAN EAT Pancake Breakfast

Served with Sausage links and Choice of Beverage

At the Redwood Falls American Legion

Sunday, March 18  
Serving from 8:00am-1:00pm



Advance Tickets \$6.00  
Children 5 years and under: FREE  
Ages 6-12 years: \$5.00  
Adults: \$8.00  
Family Cap Ticket: \$25.00

# Catholic Charities Financial



Sponsored by St. Michael's CUF Council

## Rummage Sale & Lunch

Friday, March 16, 2018

9 a.m. - 6 p.m.

Saturday, March 17, 2018

8 a.m. - 1 p.m.

Most items \$0.25  
Good selection of clean, useable clothes and misc. items.

Bag and Bargain Sale, Saturday 10-1

St. Michael's Church Social Hall  
Morgan

Handicap Accessible

Friday: Egg Salad Sandwich, chips, pickles, coleslaw, bar and beverage.

Saturday: Fresh Baked Rolls, coffee and juice served in the morning.  
A plate lunch of a Hot Turkey Sandwich or BBQ, chips, pickles, coleslaw, bar and beverage will be served beginning at 10:30.

Carry outs available.

All proceeds will be donated to the parish education programs, plus CUF will provide matching funds up to \$1,000.

# BOOK SALE

REDWOOD FALLS FRIENDS OF THE LIBRARY

Wednesday, April 19, 5-7 pm

(This is a preview night - books are double Thurs. prices)

Thursday, April 20, 10 am - 6 pm

Friday, April 21, 10 am - 5 pm

Saturday, April 22, 10 am - 12 noon

If you would like to donate books, please bring them to the Library the week of April 17th.



## Mini Storage Available

Secure 10'x10' and 10'x20'  
Storage Sheds

443 W 3rd Street, Morton MN

Call for availability

507.430.9201-Dan

807.829.9040- Aaron

# Low Income Energy Assistance Program

The Energy Assistance Program (EAP) helps pay for home heating costs and furnace repairs for income-qualified households.

**EAP is federally funded through the U.S. Department of Health and Human Services. Grants are:**

- For renters or homeowners
- For households with income at or below 50 percent of the state median income
- Based on energy cost, household size, and income

**Services may include:**

- Payment of energy bills
- Help with utility disconnections or fuel deliveries.
- Education on efficient and safe use of energy.
- Advocacy with energy suppliers and human service providers.
- Repair or replacement of homeowners' broken heating systems.

## 2018 Maximum Energy Assistance Program Income Guidelines

EAP eligibility is based on the three most recent months of income.

Household Size	Three Month Maximum	Annual Income
1	\$6,250	\$25,000
2	\$8,173	\$32,692
3	\$10,096	\$40,385
4	\$12,019	\$48,077
5	\$13,942	\$55,769
6	\$15,865	\$63,462

APPLICATIONS AND ASSISTANCE WITH COMPLETING THE APPLICATION IS AVAILABLE AT CITY HALL



**RIVER VALLEY ART FAIR**

200 MAIN STREET, MORTON, MN 56270

JOIN US THE 3RD SATURDAY OF EVERY MONTH FOR EXCLUSIVE LOOK AT LOCAL ARTISTS WORK, LIVE DEMONSTRATIONS, SALES, AND MORE! NEW ARTISTS/ARTISANS EVERY MONTH!

10:00AM - 4:00PM

**REGISTER TODAY AS AN ARTIST OR ARTISAN!**

Artists and Artisans of all kinds welcome! To register please submit 3 samples of work along with your name, email and phone number to [info@rivervalleyart.space](mailto:info@rivervalleyart.space).

Registration deadline for artists/artisans is the 2nd Saturday of every month. 10 booths available each month, reserve yours now!

[www.rivervalleyart.space](http://www.rivervalleyart.space) . 507-697-1033 . [info@rivervalleyart.space](mailto:info@rivervalleyart.space)

## JUST CHATT'N

On my walk....I fell again. I consider myself a professional faller so I have some tips for you: No. 1 Stay Bent, No. 2 Protect your head, No. 3 Land on the Meat, No. 4 Keep falling. The moment you sense youve lost your balance, get ready to fall with bent elbows and knees. (This is from the AARP magazine) What a bunch of malarkey! When you're up, you're up, when your down, you're down!! (And I get up fast so nobody sees me!)

(Redwood Gazette): Why is learning Dakota important? Children need to know their culture....to be a whole person....the language teaches everything we need to know about how to live a good healthy life, learning the language gives people a better sense of self as they walk in two worlds....the way Dakota see the world is in communicating- clothes, food, emotions, weather, epressions, history, humor and self preservation is in our language. (Courtesy of Dakota and Ojibwe Language Revitalization in Minnesota)

Around 50 years ago:The businessmen of Morton co-operating together have made it possible for you to receive weekly this news sheet (Morton Reminder) bring the community closer together by sharing local news ,items of common interest, and bargains in your own home town , thus strengtening commuinity spirit.....Galen and Gary Cornwell completed 5 weeks of basic training to Electronics School at Chanute AFB in Illinois .....Mary Greenslit suffered a broken nose on the horizontal bars in the gymnasium.....To designate a Fire Dept. call the siren rings; once for drowning, twice for Village fire and three times for a rural fire (is that still true?)....Morton vs Gibbon (B team) Denny Smith was high scorer with 14. Morton lost by 2 points.

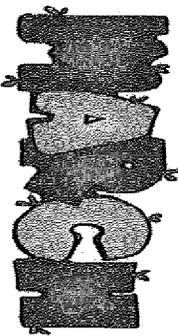
From the Senior Center: We celebrated Lonnie Ahrens birthday February 6th, Jan Haas (4th) and Shirley Brockway (24th). Thank You to the Morton Fire Department for the generous donation to the Center. Other than that, the meals are delicious, the service is *canny* (Now there's a word!) Put that on your plate (Table No. One!

HAPPY VALENTINE'S DAY!!

**Lutheran Social Service**

**MARCH 2018**

**Senior Nutrition Program**

Supplemental Nutrition Assistance Program (SNAP or EBT/Food Stamps) payment is accepted in lieu of donation. Contact Site Manager for more information.	Call Morton Sr. Center 507-697-6112 One day in advance to reserve your meal		Thursday, March 1	Friday, March 2
<b>Monday, March 5</b> 6 oz. Beef Noodle Casserole 1/2 c. Green Beans 1/2 c. Peaches Bread/Margarine 1/2 c. Pudding 8 oz. Low Fat Milk	<b>Tuesday, March 6</b> 4 oz. BBQ Pork Chop 1/2 c. Sweet Potatoes 1/2 c. Winter Blend Veget. Bread/Margarine 1/2 c. Scalloped Apples 8 oz. Low Fat Milk	<b>Wednesday, March 7</b> Hamburger/Bun Baked Beans Cole Slaw Pudding 8 oz. Low Fat Milk	<b>Thursday, March 8</b> 5 oz. Oven Crispy Chicken 1/2 c. Mashed Potatoes/Gravy 1/2 c. Carrots Bread/Margarine 2"x2" Poke Cake 8 oz. Low Fat Milk	<b>Friday, March 9</b> Salmon Mashed Potatoes Creamed Peas Cheesecake
<b>Monday, March 12</b> 3 oz. Swiss Steak 1/2 c. Mashed Potatoes 1/2 c. Peas & Carrots Bread/Margarine 1/2 c. Pineapple 8 oz. Low Fat Milk	<b>Tuesday, March 13</b> 4oz. Honey Mustard Chicken Bst Baked Potato/Sr. Crm 1/2 c. Green Bean Casserole Bread/Margarine 2"x2" Cake 8 oz. Low Fat Milk	<b>Wednesday, March 14</b> 6 oz. Lasagna 1/2 c. California Blend Veg. 1/2 c. Pears Garlic Bread/Margarine Cookie 8 oz. Low Fat Milk	<b>Thursday, March 15</b> 3 oz. Pork Loin 1/2 c. Whole Potatoes 1/2 c. Buttered Cabbage Dinner Roll/Margarine 2"x2" Fruit Crisp 8 oz. Low Fat Milk	<b>Friday, March 16</b> Fish/Tartar Sauce AuGratin Potatoes Mixed Vegetables Pie
<b>Monday, March 19</b> 8 oz. Chili 1/2 c. Lettuce/Drsg 2 oz. Cheese Sandwich Bun/Margarine/Crackers 1/2 c. Sherbet 8 oz. Low Fat Milk	<b>Tuesday, March 20</b> Meatballs/Gravy Mashed/Potatoes Beets Lemon Sponge Cake Low/Milk	<b>Wednesday, March 21</b> 6 oz. Chicken Chow Mein 1/2c.Rice/Chow Mein Noodles 1/2 c. Oriental Vegetables 1/2 c. Mandarin Orange Gelatin 2"x2" Brownie 8 oz. Low Fat Milk	<b>Thursday, March 22</b> Sausage Egg Bake Oven Baked Potatoes Fruit Cocktail Coffecake	<b>Friday, March 23</b> Fish Mashed Potatoes Carrots Peaches Bars
<b>Monday, March 26</b> 3 oz. Sloppy Joe 1/2 c. Potato Salad 1/2 c. Corn Bun/Margarine Fresh Orange 8 oz. Low Fat Milk	<b>Tuesday, March 27</b> Spaghetti/Meat Sauce Lettuce/Dressing Cauliflower Garlic Bread Apricots	<b>Wednesday, March 28</b> 5 oz. Baked Chicken 1/2c. Whole Buttered Potatoes 1/2 c. Squash Bread/Margarine 2"x2" Apple Brown Betty 8 oz. Low Fat Milk	<b>Thursday, March 29</b> 3 oz. Roast Beef 1/2c. Mashed Potatoes/Gravy 1/2 c. Creamed Peas Bread/Margarine 2"x2" Fruit Cobbler 8 oz. Low Fat Milk	<b>Friday, March 30</b> Salmon Baked Potato/Sour Cream Pie Dinner Roll

This service is funded in part by a contract from the Area Agency on Aging with funding from the Federal Older Americans Act through the Minnesota Board on Aging. Additional funds are provided by the State of Minnesota, United Ways, local communities, and other adult contributions. Approved by: Terri Weyer, RD, LD  
 Posted menu is regular diet. Diabetic, sodium, and fat restricted diets available upon request. Regular menu provides average of 700-800 calories.  
**MENU SUBJECT TO CHANGE**

# Cajun Shrimp Pasta

1 pound medium uncooked peeled shrimp, deveined  
2 tablespoons Cajun seasoning spice mix, divided  
2 tablespoons fresh lime juice, divided  
4 garlic cloves, minced  
8 ounces uncooked fettuccine pasta  
3 tablespoons extra virgin olive oil, divided  
1 ½ bell peppers (any color combo), thinly sliced, then halved  
1/2 large red onion, sliced, then halved  
2 tablespoons butter, divided  
1/2 teaspoon salt + salt for water  
1/4 teaspoon pepper  
2 tablespoons all-purpose flour  
1/4 teaspoon cayenne pepper (optional)  
1 1/2 cups low sodium chicken broth  
1/2 cup heavy cream  
1 (14-ounce) can fire roasted diced tomatoes, well

Add shrimp to a medium bowl and toss with 1 tablespoon Cajun seasoning, 1 tablespoon lime juice, and 4 minced garlic cloves. Set aside. Bring a large pot of water to a boil. Add a small handful of salt and pasta. Cook until al dente, about 8-12 minutes. Reserve 1/2 cup pasta water before draining. Set aside.

While the pasta cooks, heat 1 tablespoon olive oil in a large skillet over medium-high heat. Add onions and bell peppers, 1/2 teaspoon salt and 1/4 teaspoon pepper and cook until peppers reach desired crisp-tenderness, approximately 5 minutes. Remove to a plate.

To the same skillet (don't wipe it out), melt 1 tablespoon butter and one tablespoon olive oil over medium high heat. Add shrimp mixture and cook 3-4 minutes, just until shrimp are opaque and cooked through. Scrape shrimp and garlic/juices into a bowl. Set aside. After shrimp is cool enough to handle, you can chop tails off if you desire.

To the same skillet (don't wipe out), melt 1 tablespoon butter with 1 tablespoon olive oil. Sprinkle in flour and 1-3 teaspoons Cajun seasoning (3 teaspoons for more heat), and optional cayenne pepper (if you want it spicy) and cook, while stirring, for 2 minutes, then turn heat to low. Slowly whisk in chicken broth and heavy cream, stirring constantly until smooth. Stir in diced tomatoes.

Turn heat to medium high and bring the sauce to a simmer. Simmer until thickened, stirring occasionally, approximately 3-5 minutes. Reduce heat to low and stir in lime juice followed by Parmesan cheese until melted. Stir in the cooked shrimp, vegetables and pasta until well coated in sauce, adding additional reserved pasta water or heavy cream if needed to reach desired consistency. Taste and season with additional salt, pepper and/or cayenne pepper to taste.

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