

# MORTON AREA NEWSLETTER

November, 2017

This institution is an equal opportunity provider, and employer

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## Beneath the Village Wreath

November 17, 18, 19, 2017



### Friday, November 17th

5pm - 8pm Firemen's Steak Dinner

St. John's Catholic Church

7pm Hospice Tree Lighting

Morton City Hall

### Saturday, November 18th

9am Coffee, Rolls & Lunch with Seniors

Morton Senior Center

9am Ornament Hunt Registration

Step Saver (Old Morton Gym)

10am 1st Ornament Hunt Clue Posted

Step Saver (Old Morton Gym)

10am - 2pm Craft Vendors

Step Saver (Old Morton Gym)

10am - 2pm RCHS Museum Book & Bake Sale

Step Saver (Old Morton Gym)

10am Cookie Contest

Step Saver (Old Morton Gym)

10am Ornament Contest

Step Saver (Old Morton Gym)

1pm - 2:30pm Goodie Bags for Kids

Step Saver (Old Morton Gym)

6:30pm Turkey Bingo

St. John's Catholic Church

### Sunday, November 19th

9am - 11:30am RCHS Museum Pancake Breakfast

Morton Senior Center

10am Awards Presentation

Morton Senior Center



Ample parking on the West side of the Step Saver (285 Centennial Drive, Morton, MN 56270) building.  
Handicap entrance available on the North side of the building.

For event information, find us on [Facebook.com/mortonmnchamber](https://www.facebook.com/mortonmnchamber).

## Attention Veterans!

Lee Stock of  
Renville County Veterans' Services is at  
Morton City Hall  
on the  
2nd Tuesday of each month  
(or other dates if necessary)  
to assist you with any of your veteran  
service needs.

Please contact Lee to schedule an  
appointment

### Notice

Renville County WIC will no longer have an outreach site in Morton. Effective October 4, 2017, those who picked up in Morton can pick up their benefits either in the Olivia office every Wednesday from 1:30-3 pm or at the new Fairfax site on the 1<sup>st</sup> Wednesday of January, April, July, and October from 9:30-11:30. The Fairfax site will begin in January 3, 2018 at the Fairfax City Hall. Should you have any questions or concerns, please call WIC staff at 320-523-3762.

Olivia Site: Renville County Public Health Office, 105 S. 5<sup>th</sup> St, Suite 119H (Government Services Center, lower level), Olivia, MN

Fairfax Site: Fairfax City Hall, 18 1<sup>st</sup> St SE, Fairfax, MN

Thank you so much to the Morton community for your help in supporting improved nutrition for Women, Infants, and Children!

Renville County WIC Staff

ALCOHOLICS  
ANONYMOUS  
MEETS AT  
MORTON CITY HALL  
EACH MONDAY  
EVENING,  
BEGINNING AT  
7:00 P.M.

### **CENTRAL COMMUNITY TRANSIT**

The Central Community Transit serves all of Renville County

Monday . Friday and all your Transportation needs.

For more information call:  
Central Community Transit at:  
**320-523-3589 or 1-800-450-7964**



### *Ruby's Pantry Food Distribution*

The 3rd Tuesday of the month  
at the National Guard Armory in Red-  
wood Falls

Registration begins at 4:00

Distribution runs from 4:30-6:00  
a \$20 cash donation gets you a share  
bring 2 laundry baskets for your food  
contact [rubysredwoodfalls@gmail.com](mailto:rubysredwoodfalls@gmail.com)  
for information especially those who  
want to volunteer.

### RENVILLE COUNTY FOOD SHELF

Any resident of Renville County may  
visit the

Renville County Food Shelf located on  
Main Street in downtown Olivia.\*

#### Hours of Operation

Monday 1:00 – 3:00 p.m.

Tuesday CLOSED

Wednesday 10:00 a.m. – 3 p.m.

Thursday 5:00 – 7 p.m.

Friday 1:00 – 3:00 p.m.

Located at 108 S. 9<sup>th</sup> Street, Olivia, MN  
56277

Telephone: 320-523-5339

e-mail: [rcfoodshelf@gmail.com](mailto:rcfoodshelf@gmail.com)

\* Bring a current utility bill or other document that has your name and street address.

The Second Harvest Heartland guideline is 25 lbs . of food per person once a month or twelve times a year.

If you are doing home projects  
and improvements, please  
check with city hall to be sure  
you are complying with local  
requirements.

The official newspaper for the City of Morton is the Renville County Register. All notices and publications as required by law are printed in that paper and as an additional means of providing public information, such notices will be printed in this newsletter when possible. All other publications and postings are done as a courtesy and means of informing residents of activities.

### Church Service Schedule

#### Zion Lutheran

9:00 a.m. Sundays

Bible Study & Sunday school following services

#### St. John's Catholic

Mass at 8:00 a.m. Sundays

CHURCH SERVICES ARE AIRED ON  
MEDIACOM CUSTOMERS'  
CHANNEL 8

Tuesdays & Fridays at 10:00 and 1:00

#### Newsletter/Local Access

##### Information

If you have items you wish to have in the newsletter or posted on the access channel, please drop them off at city hall and we will be happy to include them (at no charge!)

### Council Meetings

Next

Regular City Council Meeting:

Wednesday,

December 13, 2017

starting at 6:30 p.m.

Meetings are aired live on Media-com's local access channel and again the day following the meeting at noon.

Meetings are live on facebook as well

If you are experiencing issues with the broadcast, please contact city hall so improvements and changes can be made.

### CIVIL DEFENSE

### SIREN TESTING

Civil Defense sirens are tested each month on the first Wednesday at 1:00 p.m.

### BONE BUILDERS

Our group meets on Tuesday & Friday at 8:45 a.m. at the Senior Center. Everyone has a great time, sharing news, joking & laughing. Join us!

### Commercial Tailor

- ⇒ Men's and women's alterations
  - ⇒ Mending
  - ⇒ Darning socks and
  - ⇒ Sweater repairs
  - ⇒ Work on some ladies gowns.
- Additional charge on rush orders.

Call Lin at 530 1335.

*40 years of experience.*



## FRANKLIN WELLNESS CENTER

OPEN 24/7 FITNESS CENTER

ARE YOU HAVING PROBLEMS WIT

- ⇒ DIABETES,
- ⇒ HYPERTENSION ,
- ⇒ ANXIETY,
- ⇒ HIGH CHOLESTEROL,
- ⇒ BALANCE PROBLEMS
- ⇒ OR DEPRESSION?

⇒

*THE CENTER CAN HELP SET YOU UP WITH A PLAN TO WORK ON THESE PROBLEMS.....*

**CALL: 507-430-2191**

**ASK FOR CONNIE.**

**GARBAGE DAY IS**

**EACH TUESDAY MORNING**

PLEASE HAVE CONTAINERS AT THE CURB NO LATER THAN

7:00 A.M.

PLEASE ALLOW FOR ADEQUATE ROOM FOR THE ARM OF THE TRUCK TO

ATTACH TO YOUR CONTAINER. ALL GARBAGE MUST IN THE CONTAINER AND THE CONTAINER MUST BE ACCESSIBLE.

Mobile Recycling Unit

The mobile recycling unit has moved FROM the lot across from the old school TO the back of the parking lot next to River Valley Arms & Ammo

*As a reminder, residents that have the curbside service available to them are encouraged to use it.*

UPCOMING

CURBSIDE RECYCLING DATES:

Have your container at the location of your garbage pick up by 6:00 a.m.

November 14 & 28

December 12 & 27

The second December pick up will be delayed one day due to the Christmas holiday



Happy Thanksgiving!

*Need a card for family or friends you won't be seeing for Thanksgiving??*

*Stop in at the Hairstop in MORTON and pick one up!*

**Please remember the Morton Area Foundation when considering making a donation! For details on how to donate, please contact Morton City Hall.**

**give** TO THE **MAX** 

**NOV. 16, 2017**

"The Oldest Story in North America"

220 West Second Street – P.O. Box 127 – Morton, MN 56270-0127 Phone: (507) 697-6912 Fax: (507) 697-6118  
E-Mail: mortoncityhall@mchsi.com

*This institution is an equal opportunity provider, and employer*

*TDD/TTY: 651-602-7830*

AMENDMENTS TO THE MEETING OF October 11th: NONE

The following are the NOTES from the most recent council meeting (November 8th)

These NOTES have not been approved by the council as of this publication.

Any changes will be noted in the next newsletter.

November 8, 2017:

Regular meeting called to order in open session. Prescott absent. Others present: None.

ADDITIONS TO THE AGENDA: None

CITIZEN ISSUES: A letter was received via email with concerns about a neighbor on Main Street. Concerns include: parking in a manner which blocks the sidewalk, concern about operation of a shop in the garage he recently acquired and concern about the possibility of additional structures on the property.

The Sheriff's Office was contacted about the fish house blocking the alley. As of this time, it has been relocated.

Regarding the operation of a shop. It is the council's understanding that at this time, the garage is being used for repair of the owner's personal vehicles. In the event a business is being considered, a public hearing would be required.

As of this time, no permit applications have been requested or completed for additional buildings on the property.

Council reviewed and discussed the ordinances in place regarding parking.

PRESENTERS: None

SECRETARY'S REPORT: Motion by Jacobson and second by Henning to approve the secretary's report as presented. Motion carried.

TREASURER'S REPORT: Motion by Walker and second by Henning to approve the treasurer's reports as presented. Motion carried.

BUSINESS/RESIDENTIAL DEVELOPMENT:

WATER DRAINAGE:

Pipe Installed: The pipe and electrical have now been buried.

Tiling Update: No update. It is possible it is being postponed until the ground is froze.

SCHOOL DEMOLITION PROJECT: The bonding bill is being prepared for presentation in February. One condition that must be met is that the property title must be in the city's name. Motion by Jacobson to transfer ownership of the school from MVHLC to the City of Morton, contingent on attorney review to facilitate the state bonding bill process. Second by Henning. Motion carried.

EDA RECOMMENDATIONS: One recommendation at this time: to approve the sale of Mama's Massage to River Valley Groom & Spa with a \$10,000 loan at 2% for 10 years. Motion by Walker and second by Henning to approve as recommended. Motion carried.

TIF ASSISTANCE FOR HARVESTLAND: Details are not yet completed.

SURVEYING UPDATE: Surveyors are in town. Completion date for the project is unknown at this time – it will partially depend on weather.

**PARKING POLICY:** We have a semi driver living in a residential area asking for permission to park his semi at his residence to allow it to be plugged in when the weather is cold. Council reviewed the policy and discussed other alternatives and locations that may be more suitable and properly zoned.

SUPPORT TO KIDS/COMMUNITY PRIDE:

**ACTIVITIES UPDATE:** Review of the MEA camp that was held and the other activities that are scheduled with Joseph Evans.

**GAMBLING LICENSE:** Motion by Walker and second by Jacobson to approve a gambling permit for St. John's Catholic Church to conduct bingo on November 18. Motion carried.

PROVIDING MUNICIPAL SERVICES:

**WATER/SEWER:** The computer is up and running and reports will be completed soon.

**SANITATION:** R & E Sanitation will be taking over as of January 1.

**STREETS:** Reminder that snow season is coming soon – residents are asked to have vehicles off the streets when plowing is underway.

PUBLIC SAFETY:

**POLICE:** No summary statement available. No issues at this time.

**FIRE:**

**Building Update:** A revised cost estimate and financing proposal was received. Discussion on the impact the changes has on the budget. A new and updated draft budget was presented. The new draft has an increase in the fees charged to townships for fire service. It was agreed that the townships should be invited to a public hearing to discuss this proposal. Motion by Walker to schedule a public hearing for December 13 at 7:30 p.m. for the purpose of discussing the fire hall project. Second by Jacobson. Motion carried. Council agreed to start the council meeting at 6:30 p.m. on December 13 to give ample time for discussion and decision making.

**Smoke Detectors:** The Morton Fire Department and Red Cross are working together to provide up to three free smoke detectors per household. Sign up to receive them will begin at the steak fry on November 17. The Fire Department will be assisting with installation. Anyone in our fire district is eligible. Details are in the newsletter.

MANAGEMENT:

**TRUTH IN TAXATION HEARING:** The hearing has been scheduled for December 13 at 7:00 p.m. Council is encouraged to become familiar with the budget so they are prepared to answer questions and address concerns. Residents who have questions and concerns are encouraged to attend.

**2017 IN REVIEW:** Council should review the information presented and be prepared to finalize at the next meeting.

**2018 GOALS:** Mayor Farmer added as a goal we should be pursuing grants to complete projects and improve our community. Another goal needs to be forming a committee to take over the July 4 event.

**BOARD OF EQUALIZATION TRAINING:** Jorey and Lacey still need to complete the training.

**PAY BILLS:** Motion by Jacobson and second by Walker to pay bills. Motion carried.

**ADJOURN:** There being no further discussion, meeting adjourned at 7:35 p.m.

NOTICE

CHANGE IN COUNCIL MEETING SCHEDULE

THE DECEMBER 13 COUNCIL MEETING WILL BEGIN AT

6:30 P.M.

INSTEAD OF THE REGULAR 7:00 P.M. START.

Just Chattin

On my walk....OK, OK, Peter, I'll take my dumb phone!!.

How do explain Daylight Saving time to a dog?

This week on my front steps I found 3 beautiful pumpkins with guords! Thank you, Charlie? and .....a Reuben Sandwich (not on the doorstep!), 5 dark chocolate candy bars and a treat for Duke!! Thank you, Thank you, Ann!!

Star Tribune....This fall, for the first time, a class in Dakota is being offered for high school students here on the Lower Sioux Indian Reservation as part of a statewide effort to revitalize American Indian languages. The last fluent speaker of the Lower Sioux recently died giving new urgency to teacher, Ryan Dixon's, mission to pass on the language skills to others before it' too late. "Words have been lost" At the high school level in southern Minnesota and is one of only a few of it kind in the state. "Slowly we are starting to regain the things we have lost," he said. The twice -a-week class meets at a center on the reservation along the bluffs of the Minnesota River.

You know what amazes me: the new dryer bin and the weight stations at the elevator.....the new storage sheds going up across from Step Saver. How do they do that! I'm a heck of a good dish washer!

Around 50 years ago: A boy, Andrew Bernard to Mrs. and Mrs. Bernard Frank, born November 7th (birthday cards, please)....all dogs must be tied up or they will be disposed of (Village Council).....Dick Hogan and family moved to Denniston, Iowa.....last year there was fourteen inches of snow on the ground - it has snowed for 9 consecutive days....LOST a sliver cuff link with a horse on it. Dicky Scheffler).....Julie Colwell, was a district winner in Saturday's Speech Contest in Montevideo.....Lyle Witte received a dislocated elbow when a horse he was riding fell with him....Dam meeting draws over capacity crowd.....the Earnie Ahrens have named their baby. Patrick William....leading offensive players for Morton so far are Mike Dallenbah with 164 rushing yards rushing in 2 tries while Terry Dallenbach has 151 Yards in 13 tries and Greg Kuglin 149 yards 16 attempts,,,,,Randy Lothert 16 completions in 30 attempts for 260 yards and six touchdowns.

AT the Senior Center Fund Raiser): Winners of the door prizes: Pilgrim Dolls( Mary Lou Butzer)...Lap Robe (Janell Lieske), \$25 ( ) Dick Roper), \$25( Lina Balk), Blanket (Jeanne Colwell), Bird House (Adella Mages). Grill (Ken Larsen-Morgan), Crocheted Piece(Jim Daun), AgQuest Jacket (Sandy Seehausen), Farmward Shirt( Peggy Lehar) Farmward Cap (Dick Roper), Jackpot Overnight Stay (Ann Shaw), \$25 BP Cash Card (Linda BALK).Thank you ALL for coming! Lyle Witte wonders why he doesn't get caramel syrup with his ice cream! Is he going to be surprised where he will get his caramel syrup! We celebrated birthdays: Joyce Witte 11-3), Ron Keller (11-19), Emil Huwe (11-28).

The secret of staying young : live honestly, eat slowly, and lie about your age!

HAPPY THANKSGIVING!!!

*The mission of the Morton Area Chamber is to foster a strong, inviting community through supporting and attracting businesses, organizations and tourism.*

The vision of the Morton Area Chamber is to be the leading resource that businesses and organizations partner with to create a healthy and vibrant community.

Morton Area Chamber and Tourism  
Secretary Report from Nov 2, 2017

1. Called meeting to order at 12:09 at Cousins Saloon. Present : Heather, Darin, Bonnie, Nicole, Joseph. Absent : Sarah
2. Nicole nominated Joseph Evans to become a board member. Darin motioned to approve, Bonnie 2<sup>nd</sup>, approved.
3. Agenda – Bonnie motion to approve, Joseph 2<sup>nd</sup>, approved
4. Secretary Report – Darin motion to approve, Heather 2<sup>nd</sup>, approved
5. Treasurer Report – Heather motion to approve, Joseph 2<sup>nd</sup>, approved
6. EMT Grant
  - a. Get info to Claire for Beneath the Village Wreath. Balance of funding will go to advertising there
7. Committees
  - a. Bonnie call Santa to see if available for BtVW
  - b. Discussion on elf costumes
  - c. Discussion on Citizen of the Year award
8. Adjourned at 12:30

Respectfully submitted by Bonnie Green, Secretary

**Handi-Man**

**Home Repairs**

**T&J**

**NESBURG**

**→ CONSTRUCTION ←**

**MORTON, MN**

TIM NESBURG 507.430.0673 • JIM NESBURG 507.430.2513

TRUTH IN TAXATION HEARING  
WEDNESDAY, DECEMBER 13, 2017

7:00 P.M.

MORTON CITY HALL

*Purpose: To address any and all comments, questions and concerns regarding the budget being proposed for the following year.*

*Property valuations are not addressed at this time.*

NOTICE OF PUBLIC HEARING

Wednesday, December 13, 2017

7:30 p.m.

Morton City Hall

Purpose: To review and discuss the fire hall project and financing proposal

# PAINTING PARTY

DATE: NOV.

21<sup>ST</sup> 2017

Time: 7P.M.

FEE: \$30 AT SIGN UP.  
INCLUDES A FREE DRINK

**Cousin'S**  
SALOON  
Morton, MN.

697-2004

Dine in or takeout!

**Happy Holidays!!**

**It's NOT too early to begin your  
Christmas Shopping!**

**Gift Certificates in any amount and for  
any of the services we provide.**

**Let us put some sparkle in your hair for  
the holidays..**

**Call or stop in at**

**Hairstop of Morton**

**TODAY**

**507-697-6306**

**Your LOCAL Hometown business..**

**Serving you for 29 years!**

# Need to earn extra money?

*Mature workers wanted!*



Earn while you learn and put your experience to work

*Paid training with a goal of employment*

If you're 55 or older, unemployed and want to get back into the work force, Experience Works might have the training & employment opportunities that are just right for you.

Contact Experience Works at: 1-855-270-9660

  
www.experienceworks.org

## HOUSING REHAB. APPLICATIONS NOW AVAILABLE!

The Cities of Vesta, Lucan and Morton have received a grant to provide housing repair loans to eligible homeowners living within the city limits of any of these three communities/ Eligibility requirements are as follows:

- ⇒ Applicants must own or be purchasing a property
- ⇒ The home being improved must be the applicants principal place of residency
- ⇒ Repairs that are permanent and necessary are eligible
- ⇒ Applicant must be current on real estate taxes
- ⇒ The home must be insured
- ⇒ Homeowner must be classified as low to moderate income per the income guidelines of the program.

Applications are available at Morton City Hall



*Hospice Tree of Lights Ceremony*

*Friday, November 17—7:00 p.m.*

*Morton City Hall*

*Join us for a short tree lighting ceremony with holiday carols (Erica Pope-song leader)*

*Followed by refreshments and fellowship.*

*Willow Tree Memory Angels are available at City Hall during the holiday season*



# Low Income Energy Assistance Program

The Energy Assistance Program (EAP) helps pay for home heating costs and furnace repairs for income-qualified households.

**EAP is federally funded through the U.S. Department of Health and Human Services. Grants are:**

- For renters or homeowners
- For households with income at or below 50 percent of the state median income
- Based on energy cost, household size, and income

**Services may include:**

- Payment of energy bills
- Help with utility disconnections or fuel deliveries.
- Education on efficient and safe use of energy.
- Advocacy with energy suppliers and human service providers.
- Repair or replacement of homeowners' broken heating systems.

## 2018 Maximum Energy Assistance Program Income Guidelines

EAP eligibility is based on the three most recent months of income.

Household Size	Three Month Maximum	Annual Income
1	\$6,250	\$25,000
2	\$8,173	\$32,692
3	\$10,096	\$40,385
4	\$12,019	\$48,077
5	\$13,942	\$55,769
6	\$15,865	\$63,462

APPLICATIONS AND ASSISTANCE WITH COMPLETING THE APPLICATION IS AVAILABLE AT CITY HALL

### SMOKE DETECTOR PROGRAM

*Sign up for a FREE smoke detector on*

*November 17 at the Firemens' Steak Fry.*

*Installation of the detectors will be provided by*

*Red Cross & the Morton Fire Department*

*on December 4 from 3:00-8:00 p.m.*

*The alarms and installation will be provided to you at no cost!*

Dear Renville County Residents;

*(Read this letter before filling out the application)*

Santa's Closet of Renville County is prepared to accept referrals for the 2016 Christmas Season. Distribution will be December 1-19<sup>th</sup>. We have developed a check list to help you fill out the application.

In addition to the requirements on the bottom of the application

Here are some more guidelines:

- Applications are being accepted from November 1 to December 15<sup>th</sup>
- Application **received by Dec. 5<sup>th</sup>** will get to choose \$25 per person worth of items from the Santa's Closet Store.
- Applications **received after Dec. 5<sup>th</sup>** will get to choose \$15 per person worth of items from the Santa's Closet Store. (Date received, not signed or mailed) We will not accept any applications after December 15, or serve anyone after December 19<sup>th</sup>.
- If you are carpooling with someone please send your applications in together and put a note on them that you prefer your appointments at the same time. (We will try our best to get them together.)
- If you come with people who do not have an appointment at the same time as you, they will have to wait in the vehicle until their appointment. If they do not have an appointment at all we will try to get one set up for another day and time.
- **DO NOT** bring children less than 12 years of age. **We will not allow them in the building.** We do not have the ability to watch them while you shop. We also want to keep the Christmas presents a surprise for them.
- If you have children or grandchildren that you would like to shop for but they do not qualify, you may spend your allotted funds on them.
- If you are sick on the day of your appointment, please call and reschedule. We do not want to spread germs to Santa's Closet members or volunteers. It is a busy time of year and we cannot have anyone out sick.
- All participants will enter through the west door. Look for signs.
- Please let us know if you need handicap accessibility.

Finally, be respectful of the people who have donated their money, gifts, and time to help make this a blessed Christmas for you and your family. This is a privilege not a right.

The Santa's Closet Committee has been working all year to help make it good for you and your family.

We look forward to seeing you at Santa's Closet.

**Note:** Because there has been misuse/fraud in the past we will prohibit individuals who refer or are referred dishonestly from accessing the RC Santa's Closet gift program for a minimum of 2 years. You will be notified by letter or a phone call.

Sincerely,

Santa's Closet Committee

Lori Clasemann 320-808-5697

Sandy Kubesh

Nancy Haque

Shelley Vatsaas

Cut off and Keep this ↓

**You will be notified about pick-up/shopping time and date for your family.**

**(Sometime between Dec. 1-Dec. 18) at the former Danube School Building in Danube, MN**

**Reminder: Do not bring children along.**

**Do not come if you are sick; please call and reschedule.**

If you have any questions or concerns text or call Lori Clasemann at CIRCLE 320-329-8202 or cell 320-808-5697.

Pick up date and time:

December \_\_\_\_\_

Time: \_\_\_\_\_



## Santa's Closet of Renville County Referral Form 2017

Santa's elves have asked you to fill out this referral form for yourself and any members of your *immediate* family (Children and spouse/significant other living in your home. Any other persons living with you must fill out their own referral form)



Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ Phone #: \_\_\_\_\_

Referral source \_\_\_\_\_

Full Name of Family Member	Birthdate/ Age	Relationship to applicant
1.		
2.		
3.		
4.		
5.		
6.		
7.		
8.		
9.		

**Please return this form to: CIRCLE, Attn: Santa's Closet , P.O. Box 225, Renville, MN 56284**

Pick up Date and time: December \_\_\_\_\_

To be filled in by Santa's Closet staff

***You must check appropriate boxes. All of the following factors must be valid.***

I have a physical address in Renville County at **the time of referral and at Christmas, December 25, 2017.**

Send a copy of a recent bill or receipt as proof (P.O. Box not acceptable.)

All the children, even adult children, on the application live with me more than 50% of the time.

(You have full or primary custody.) Must prove with a copy of: WIC, school report card, check stub of child's employment or a letter with their name and your address no older than 2 months. Call with questions. 320-808-5697

The individuals listed will not be receiving gifts from another gift program.

I meet at least one of the following criteria: Please circle all of the assistance you receive.

\*Medicaid \*Food Assistance \*Cash assistance \*SSI/disability \*unemployed

\* Experiencing a current recent financial difficulty or crisis. **Must send along a letter explaining the difficulty.**

I have signed and dated below

Signature \_\_\_\_\_

date \_\_\_\_\_



# Renville County Historical Society & Museum Morton, Minnesota



*Beneath the Village Wreath Events*

**Saturday, November 18, 2017**

*RCHS Book & Bake Sale*  
Step Saver (Old Morton Gym)  
285 Centennial Dr., Morton, MN  
10 AM - 2 PM



*Treats, crafts & and books for sale!*

*Beneath the Village Wreath sponsored by the Morton Area Chamber 20+ other vendors*

**Sunday, November 19, 2017**



RCHS Pancake Breakfast  
Morton Senior Center  
230 N Main St, Morton  
9 AM - 11:30 AM

Ages 13 & Older \$8 \* Ages 3-12 \$5  
Ages 2 & Under FREE

*Proceeds benefit the Renville County Historical Society!*

[www.revillecountyhistory.com](http://www.revillecountyhistory.com) \* 507.697.6147

LIKE us on Facebook @RCHSMuseum & Follow us on Twitter @RenvilleCoMNHs

## MORTON FIREMANS RELIEF ASSOCIATION STEAK FRY & RAFFLE

Friday, November 17th 2017 • 5:00-8:00 pm

**PRIZES:** LEGACY SPORTS POINTER 12GA O/U  
SMITH & WESSON M&P FDE AR15 5.56 RIFLE  
RUGER AMERICAN 17HMR FARMER EDITION



and VARIOUS OTHER PRIZES  
NEED NOT BE PRESENT TO WIN • \$1.00 DONATION  
LIC. #B-02560 EXP. 11/30/2017

TICKETS AVAILABLE AT  
CITY HALL  
AND FROM  
FIRE DEPARTMENT  
MEMBERS



# DAILY SCHEDULE

November 6th - December 22nd

	Novice	Intermediate	Advanced
Day/Time :	3:00-5:00	5:30-7:00	7:30-9:00
Monday :	RVACamp	Print Shop	Adv Print Shop
Tuesday :	RVACamp	Paint Shop	Adv Geometry
Wednesday :	RVACamp	Wood Shop	Adv Wood Shop
Thursday :	RVACamp	Geometry	Ladies Night
Friday :	RVACamp	Life Drawing	Figure Drawing
Cost :	\$5.00	\$15.00	\$25.00

MEMBERSHIPS AVAILABLE FOR DISCOUNTED RATES  
 SCHOLARSHIPS AVAILABLE FOR THOSE WHO NEED ONE  
 VOLUNTEERS RECIEVE FREE ADMISSION

[www.RiverValleyArt.Space](http://www.RiverValleyArt.Space) (507)697-1033 [Info@RiverValleyArt.Space](mailto:Info@RiverValleyArt.Space)

## Pop Tab Program

**What is the Pop Tab Program?** Our Pop Tab Program is a great way for families, schools, organizations, businesses and individuals to support the Ronald McDonald House of Rochester, Minnesota's mission. When pop tabs are donated, volunteers bring them to a local recycling facility and exchange the aluminum for cash. All proceeds directly support the Ronald McDonald House of Rochester, Minnesota.

**What exactly is a pop tab?** A pop tab is the flip top on aluminum cans. You can collect them from soda cans, sparkling water cans and various other beverage cans. We also take tabs from soup, fruit, vegetable and pet food cans that have tabs.

**Where do I drop my pop tabs off?** Drop your collected tabs off at Morton City Hall. From here they will be forwarded to Rochester, Minnesota

## CANCELLED STAMP COLLECTION PROGRAM

If you have stamps and you don't know what to do with them. But you would rather not throw them away here is a nice option for you. You can collect them and drop them off at City Hall to be donated to a Veterans Organization. The Veterans' National Stamp and Coin Club is a wonderful organization. They collect U.S. and foreign stamps and coins, postcards, sports cards and much more. This group then passes the items on to other Veterans Affairs support centers across the nation. The stamps and coins, etc., are supplied for therapeutic use helping veterans.





Annie Tepfer ~ DFC Coalition Coordinator  
RAPAD ~ Renville Alliance for the Prevention of Alcohol and Drugs  
Olivia, MN 56277 ~ Office # 320-523-3845~ Cell # 320-212-0484  
[anniet@renvillecountymn.com](mailto:anniet@renvillecountymn.com) [www.rapad.org](http://www.rapad.org)

## Thanksgiving Tips

This Thanksgiving, remember these four ingredients for a great holiday with your kids: *Talk. Care. Guide. Model.*

Thanksgiving is a time for family, friends, and a lot of food! You can also start the tradition of connecting with your kids and teenagers leading up to this holiday. Talk about traditions, remind your kids that you are thankful for them, and demonstrate how you can celebrate in moderation this holiday. Especially as teens get older and go off to college, Thanksgiving break is a great time to catch up with friends—and that can include partying and going out. Talk with your teen about expectations for this time off and visit our website for advice on how you can talk, care, guide, and model year-round!

**Sweatshirts  
\$30**



T-Shirts  
And  
Sweatshirts  
For Sale  
Available at  
Morton City Hall.  
Fund Raiser  
For  
Cedar Mountain  
Boys' Basketball

**T-shirts  
\$15**





**Public Health**  
Prevent. Promote. Protect.

## The Toilet Paper

Volume 17, Tissue 10

(A monthly communication brought to you by Renville County Public Health)



**Renville**  
COUNTY  
Service - Stewardship - Shared Responsibility

Trying to lose weight? Making lunch your main meal may help more than eating the most calories at dinner. Healthy overweight or moderately obese women took part in a sensible clinic-based, weight-loss program. Half were told to make lunch their biggest meal, the other half dinner. They chose their own food but got guidance from nutritionists and were encouraged to exercise.

Although there were no significant differences in their caloric or nutritional intakes, after 12 weeks the lunch group lost three pounds more, on average, than the dinner group (9.5 vs. 12.5 pounds) and had a greater improvement in insulin sensitivity. Longer-term research is needed to determine if these results can be maintained & generalized.

People in their fifties should step up their exercise efforts to counter the physical declines that often start during that midlife decade.

Researchers gave people ages 30 to 100 simple tests of strength, endurance, and balance. They repeatedly rose from a chair, walked a set distance, and stood on one leg. Performance on most tests began to decline significantly in people in their fifties, with greater declines in later decades.

These results support a "lifespan approach" to maintaining physical ability, targeting risk factors for late-life disability in middle age "in an effort to prevent, attenuate, or delay functional decline," the researchers concluded.

### Contact Information:

**Robin Thompson, Information and Assistance Director**  
**Minnesota River Area Agency on Aging<sup>®</sup>, Inc.**  
**1-800-333-2433 extension 82016**

### ***2018 Health Care Choices Available for Minnesota Medicare Recipients***

FOR IMMEDIATE RELEASE

**Mankato, MN, November 3, 2017** . The Minnesota Board on Aging's 2018 edition of the Minnesota *Health Care Choices* publication is now available online and in print to provide information for Minnesota Medicare recipients.

The annual guide is the only comprehensive, objective statewide publication with information about all Medicare plan options available on the open market for Minnesotans.

Minnesotans are very fortunate to have this annual publication available which provides information to help consumers understand and explore Medicare options, +stated Linda Giersdorf, Executive Director of the Minnesota River Area Agency on Aging.

*Health Care Choices* is available online at [www.mnhealthcarechoices.com](http://www.mnhealthcarechoices.com).

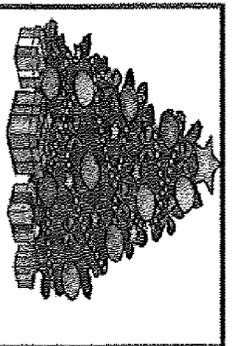
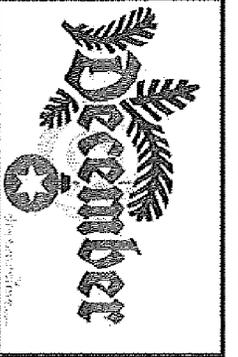
The publication includes information on Medicare supplements, Medicare savings programs, Medicare Advantage plans and other Medicare health plans and Medicare Part D prescription drug plans. Minnesotans are reminded that Medicare Part D open enrollment began October 15 and ends December 7.

If you have questions or need further information, contact the Senior LinkAge Line<sup>®</sup> at 1-800-333-2433. The Senior LinkAge Line<sup>®</sup> is a free statewide service of the Minnesota Board on Aging and Area Agencies on Aging. The Senior LinkAge Line<sup>®</sup> is the federally-designated State Health Insurance Assistance Program (SHIP) for Minnesota and is the place to call for Medicare and health insurance issues. Call 1-800-333-2433 for assistance or go to [www.MinnesotaHelp.info](http://www.MinnesotaHelp.info)<sup>®</sup> to chat live with a Senior LinkAge Line<sup>®</sup> specialist.

Lutheran Social Service

DECEMBER 2017

Morton Senior Nutrition Program

	<p>Call Joanie 507-697-6112 One day in advance to reserve your meal</p>		<p>GIFT CERTIFICATES for meals are the perfect HOLIDAY GIFT! Purchase on line at our website: <a href="http://www.lssmn.org/nutrition">www.lssmn.org/nutrition</a> or at a local site.</p>	<p>Friday, December 1 8 oz. Meaty Beef Stew with Carrots &amp; Potatoes 1/2 c. Cole Slaw Biscuit/Margarine 2"x2" Cheesecake 8 oz. Low Fat Milk</p>
<p>Monday, December 4</p> <p>3 oz. Swiss Steak 1/2 c. Mashed Potatoes 1/2 c. Peas Bread/Margarine 1/2 c. Pineapple 8 oz. Low Fat Milk</p>	<p>Tuesday, December 5</p> <p>4oz. Honey Mustard Chicken Brst Baked Potato/Sr. Crm 1/2 c. Green Bean Casserole Bread/Margarine 2"x2" Cake 8 oz. Low Fat Milk</p>	<p>Wednesday, Dec. 6</p> <p>6 oz. Lasagna 1/2 c. California Blend Veg. 1/2 c. Peas Garlic Bread/Margarine Cookie 8 oz. Low Fat Milk</p>	<p>Thursday, December 7</p> <p>\$2.00 Day</p> <p>4 oz. Hamburger Gravy 1/2 c. Mashed Potatoes 1/2 c. Buttered Cabbage Dinner Roll/Margarine 2"x2" Fruit Crisp 8 oz. Low Fat Milk</p>	<p>Friday, December 8</p> <p>4oz. Pub House Fish/Tartar Sc. 1/2 c. AuGratin Potatoes 1/2 c. Mixed Vegetables Bread/Margarine 1/8 slice Pie 8 oz. Low Fat Milk</p>
<p>Monday, December 11</p> <p>8 oz. Chili 1/2 c. Lettuce/Drsg 2 oz. Cheese Sandwich Bun/Margarine/Crackers 1/2 c. Sherbet 8 oz. Low Fat Milk</p>	<p>Tuesday, December 12</p> <p>3 oz. Egg Bake w/Sausage or Ham 1/2 c. Oven Baked Potat. 1/2 c. Fruit Cocktail Bread/Margarine Coffeecake 8 oz. Low Fat Milk</p>	<p>Wednesday, Dec. 13</p> <p>\$2.00 Day</p> <p>5 oz. Baked Chicken Baked Potato/Sr. Crm 1/2 c. Squash Bread/Margarine 2"x2" Apple Brown Betty 8 oz. Low Fat Milk</p>	<p>Thursday, December 14</p> <p>4 oz. Meatballs/Gravy 1/2 c. Mashed Potatoes 1/2 c. Beets Bread/Margarine 2"x2" Lemon Sponge Cake 8 oz. Low Fat Milk</p>	<p>Friday, December 15</p> <p>8 oz. Ham Boiled Dinner w/ Cabbage, Potatoes, Carrots 1/2 c. Peaches Cornbread /Margarine 2"x2" Bar 8 oz. Low Fat Milk</p>
<p>Monday, December 18</p> <p>3 oz. Sloppy Joe 1/2 c. Potato Salad 1/2 c. Fruit Salad Bun/Margarine Cookie 8 oz. Low Fat Milk</p>	<p>Tuesday, December 19</p> <p>4 oz. Salmon Baked Potato/Sour Cream 1/2 c. Mixed Vegetables Bread/Margarine 1/8 slice Pie 8 oz. Low Fat Milk</p>	<p>Wednesday, Dec. 20</p> <p>6 oz. Chicken Chow Mein 1/2c. Rice/Chow Mein Noodles 1/2 c. Oriental Vegetables 1/2c. Mandarin Orange Gelatin 2"x2" Brownie 8 oz. Low Fat Milk</p>	<p>Thursday, December 21</p> <p>\$2.00 Day</p> <p>3 oz. Roast Beef 1/2c. Mashed Potatoes/Gravy 1/2 c. Creamed Peas Bread/Margarine 2"x2" Fruit Cocktail 8 oz. Low Fat Milk</p>	<p>Friday, December 22</p> <p>4 oz. Italian Meat Sauce 4 oz. Spaghetti Noodles 1/2 c. Lettuce/Drsg/1/2c. Cauliflower Garlic Bread/Margarine 1/2 c. Apricots 8 oz. Low Fat Milk</p>
<p>Monday, December 25</p> <p>Closed for Christmas</p>	<p>Tuesday, December 26</p> <p>6oz. Hamburger Tomato Cass. 1/2 c. Green Beans 1/2 c. Pineapple Bread/Margarine 2"x2" Lemon Chiffon Dessert 8 oz. Low Fat Milk</p>	<p>Wednesday, Dec. 27</p> <p>8 oz. Vegetable Beef Soup 3 oz. Meat Salad Sandwich 1/2 c. Pea &amp; Cheese Salad Crackers/Margarine 2"x2" Bar 8 oz. Low Fat Milk</p>	<p>Thursday, December 28</p> <p>3 oz. Pork Loin 1/2 c. Whole Potatoes/Gravy 1/2 c. Carrots Dinner Roll/Margarine 2"x2" Cake 8 oz. Low Fat Milk</p>	<p>Friday, December 29</p> <p>3 oz. Hamburger 1/2 c. Baked Beans 1/2 c. Cole Slaw Bun/Margarine 1/2 c. Pudding 8 oz. Low Fat Milk</p>

This service is funded in part by a contract from the Area Agency on Aging with funding from the Federal Older Americans Act through the Minnesota Board on Aging. Additional funds are provided by the State of Minnesota, United Ways, local communities, and other adult contributions. Approved by: Terri Weyer, RD, LD

Posted menu is regular diet. Diabetic, sodium, and fat restricted diets available upon request. Regular menu provides average of 700-800 calories.

**MENU SUBJECT TO CHANGE.**

Supplemental Nutrition Assistance Program (SNAP or EBT/Food Stamps) payment is accepted in lieu of donations-Contact Joanie for details

# Sweet Potato Bake

## Ingredients

- 3 cups cold mashed sweet potatoes (prepared without milk or butter)
- 1 cup sugar
- 1/2 cup milk
- 1/4 cup butter or margarine, softened
- 3 eggs
- 1 teaspoon salt
- 1 teaspoon vanilla extract
- **TOPPING:**
- 1/2 cup packed brown sugar
- 1/2 cup chopped pecans
- 1/4 cup all-purpose flour
- 2 tablespoons cold butter or margarine

## Directions

- In a mixing bowl, beat sweet potatoes, sugar, milk, butter, eggs, salt and vanilla until smooth. Transfer to a greased 2-qt. baking dish. In a small bowl, combine brown sugar, pecans and flour; cut in butter until crumbly. Sprinkle over potato mixture. Bake, uncovered, at 325° for 45-50 minutes or until golden brown

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MORTON, MN 56270

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